



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Porstner, Thomas

Club: GuthsMuths-RLV
Number: 19

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M50 (50-54 Jahre)

Total time: 13:04:47

Speed: 7.65 km/h
Running performance: 7:51 min/km

Rank in course/Total: 117 (of 272)

Rank in course/Men: 103 (of 232)

Best time in course: 8:54:18

Rank in category: 29(of 67)

Best time in the category: 8:54:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:57:04	6:27	15	47:23	67	47:23	27.39	2:57:04	6:27	65		114	47:23
Floh-Seligenthal	27.74	3:21:21	7:15	38	59:19	119	1:02:04	55.13	6:18:25	6:51	65		114	1:46:42
Finsterbergen	22.03	3:17:36	8:58	34	1:05:22	117	1:11:08	77.16	9:36:01	7:27	63		108	2:52:04
Fröttstädt	22.84	3:28:46	9:08	37	1:18:25	128	1:25:06	100.00	13:04:47	7:50	29	4:10:29	103	4:10:29