



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Zehring, Uwe

Club: DUV Oschersleben
Number: 45

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M50 (50-54 Jahre)

Total time: 13:08:52

Speed: 7.61 km/h
Running performance: 7:53 min/km

Rank in course/Total: 126 (of 272)

Rank in course/Men: 112 (of 232)

Best time in course: 8:54:18

Rank in category: 33(of 67)

Best time in the category: 8:54:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:12:58	7:02	25	1:03:17	94	1:03:17	27.39	3:12:58	7:02	17		123	1:03:17
Floh-Seligenthal	27.74	3:30:28	7:35	44	1:08:26	139	1:11:11	55.13	6:43:26	7:19	17		123	2:11:43
Finsterbergen	22.03	3:14:37	8:50	31	1:02:23	109	1:08:09	77.16	9:58:03	7:45	18		117	3:14:06
Fröttstädt	22.84	3:10:49	8:21	22	1:00:28	87	1:07:09	100.00	13:08:52	7:53	33	4:14:34	112	4:14:34