



8. Thüringer ULTRA

Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Roth, Wolfgang

Club: Mühlthal - Laufverein
Number: 216

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M55 (55-59 Jahre)

Total time: 13:41:03

Speed: 7.31 km/h
Running performance: 8:13 min/km

Rank in course/Total: 143 (of 272)

Rank in course/Men: 127 (of 232)

Best time in course: 8:54:18

Rank in category: 15(of 25)

Best time in the category: 10:20:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:27:02	7:33	14	55:08	148	1:17:21	27.39	3:27:02	7:33	11		138	1:17:21
Floh-Seligenthal	27.74	3:31:32	7:37	15	55:52	141	1:12:15	55.13	6:58:34	7:35	11		138	2:26:51
Finsterbergen	22.03	3:21:39	9:09	14	1:00:52	131	1:15:11	77.16	10:20:13	8:02	11		132	3:36:16
Fröttstädt	22.84	3:20:50	8:47	12	56:35	108	1:17:10	100.00	13:41:03	8:12	15	3:20:31	127	4:46:45