



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Reich, Steffi

Club: Blau - Weiß Hettstedt
Number: 148

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 14:00:08

Speed: 7.14 km/h
Running performance: 8:24 min/km

Rank in course/Total: 162 (of 272)

Rank in course/Women: 23 (of 40)

Best time in course: 10:03:10

Rank in category: 3(of 3)

Best time in the category: 13:44:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:33:41	7:48	3	19:54	23	1:05:32	27.39	3:33:41	7:48	3	19:54	5	11:30
Floh-Seligenthal	27.74	3:34:55	7:44	3	16:12	24	56:21	55.13	7:08:36	7:46	3	36:06	5	2:08
Finsterbergen	22.03	3:26:50	9:23	3	6:14	23	1:04:19	77.16	10:35:26	8:14	3	42:20	5	
Fröttstädt	22.84	3:24:42	8:57	1	-	17	56:11	100.00	14:00:08	8:24	3	15:20	23	3:56:58