



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Hagel, Thomas

Club: Endorphinjunkies.de Dortmund  
Number: 51

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M50 (50-54 Jahre)

Total time: 14:06:03

Speed: 7.09 km/h  
Running performance: 8:28 min/km

Rank in course/Total: 168 (of 272)

Rank in course/Men: 145 (of 232)

Best time in course: 8:54:18

Rank in category: 44(of 67)

Best time in the category: 8:54:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:33:44	7:48	52	1:24:03	173	1:24:03	27.39	3:33:44	7:48	5	1:02	157	1:24:03
Floh-Seligenthal	27.74	3:36:52	7:49	48	1:14:50	157	1:17:35	55.13	7:10:36	7:48	5	4:16	157	2:38:53
Finsterbergen	22.03	3:17:04	8:56	33	1:04:50	115	1:10:36	77.16	10:27:40	8:08	6		151	3:43:43
Fröttstädt	22.84	3:38:23	9:33	47	1:28:02	151	1:34:43	100.00	14:06:03	8:27	44	5:11:45	145	5:11:45