



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Miller-Udell, Bronwyn

Club: Team Miller-Udell
Number: 106

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 14:07:48

Speed: 7.08 km/h
Running performance: 8:29 min/km

Rank in course/Total: 170 (of 272)

Rank in course/Women: 24 (of 40)

Best time in course: 10:03:10

Rank in category: 9(of 14)

Best time in the category: 10:03:10

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:23:59	7:26	8	55:50	21	55:50	27.39	3:23:59	7:26	10	55:50	6	1:48
Floh-Seligenthal	27.74	3:31:51	7:38	10	53:17	23	53:17	55.13	6:55:50	7:32	10	1:49:07	6	
Finsterbergen	22.03	3:27:29	9:25	8	1:04:58	24	1:04:58	77.16	10:23:19	8:04	10	2:48:40	6	
Fröttstädt	22.84	3:44:29	9:49	10	1:15:58	27	1:15:58	100.00	14:07:48	8:28	9	4:04:38	24	4:04:38