



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Miller, Michael Alex

Club: Team Miller-Udell
Number: 42

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M35 (35-39 Jahre)

Total time: 14:07:44

Speed: 7.08 km/h
Running performance: 8:29 min/km

Rank in course/Total: 169 (of 272)

Rank in course/Men: 146 (of 232)

Best time in course: 8:54:18

Rank in category: 13(of 16)

Best time in the category: 9:40:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:23:35	7:25	13	57:04	143	1:13:54	27.39	3:23:35	7:25	13	48:41	158	1:13:54
Floh-Seligenthal	27.74	3:32:04	7:38	12	1:04:19	142	1:12:47	55.13	6:55:39	7:32	13	1:53:00	158	2:23:56
Finsterbergen	22.03	3:27:37	9:25	12	1:06:40	147	1:21:09	77.16	10:23:16	8:04	13	2:59:40	152	3:39:19
Fröttstädt	22.84	3:44:28	9:49	13	1:27:10	168	1:40:48	100.00	14:07:44	8:28	13	4:26:50	146	5:13:26