



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Trambo, Uwe

Club: Peewee
Number: 18

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M35 (35-39 Jahre)

Total time: 15:24:05

Speed: 6.49 km/h
Running performance: 9:14 min/km

Rank in course/Total: 218 (of 272)

Rank in course/Men: 188 (of 232)

Best time in course: 8:54:18

Rank in category: 15(of 16)

Best time in the category: 9:40:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:23:34	7:25	12	57:03	142	1:13:53	27.39	3:23:34	7:25	15	48:40	201	1:13:53
Floh-Seligenthal	27.74	3:21:45	7:16	11	54:00	121	1:02:28	55.13	6:45:19	7:21	15	1:42:40	201	2:13:36
Finsterbergen	22.03	3:47:16	10:18	14	1:26:19	187	1:40:48	77.16	10:32:35	8:11	15	3:08:59	195	3:48:38
Fröttstädt	22.84	4:51:30	12:45	15	2:34:12	213	2:47:50	100.00	15:24:05	9:14	15	5:43:11	188	6:29:47