



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Preetz, Udo

Club: Lt Laufprojekt 2010  
Number: 210

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M60 (60-64 Jahre)

Total time: 16:07:29

Speed: 6.20 km/h  
Running performance: 9:40 min/km

Rank in course/Total: 236 (of 272)

Rank in course/Men: 202 (of 232)

Best time in course: 8:54:18

Rank in category: 12(of 15)

Best time in the category: 12:04:48

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:48:30	8:20	12	48:51	211	1:38:49	27.39	3:48:30	8:20	13	30:05	215	1:38:49
Floh-Seligenthal	27.74	3:59:01	8:36	12	58:21	203	1:39:44	55.13	7:47:31	8:28	13	1:17:37	192	3:15:48
Finsterbergen	22.03	4:07:49	11:14	13	1:18:01	209	2:01:21	77.16	11:55:20	9:16	13	2:35:38	209	5:11:23
Fröttstädt	22.84	4:12:09	11:02	11	1:27:03	193	2:08:29	100.00	16:07:29	9:40	12	4:02:41	202	7:13:11