



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Kaltwasser, Cornelia

Club: Team Ultraschnecke
Number: 221

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 16:13:01

Speed: 6.17 km/h
Running performance: 9:44 min/km

Rank in course/Total: 239 (of 272)

Rank in course/Women: 35 (of 40)

Best time in course: 10:03:10

Rank in category: 13(of 13)

Best time in the category: 11:38:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	4:03:11	8:52	13	1:13:57	38	1:35:02	27.39	4:03:11	8:52	13	1:13:57	17	41:00
Floh-Seligenthal	27.74	4:06:30	8:53	13	1:09:39	36	1:27:56	55.13	8:09:41	8:52	13	2:20:59	17	1:03:13
Finsterbergen	22.03	4:04:04	11:04	13	1:23:39	34	1:41:33	77.16	12:13:45	9:30	13	3:30:29	17	1:24:30
Fröttstädt	22.84	3:59:16	10:28	13	1:12:17	33	1:30:45	100.00	16:13:01	9:43	13	4:34:33	35	6:09:51