



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Thomas, Bernd

Club: MSV Eintracht Halberstadt
Number: 203

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M55 (55-59 Jahre)

Total time: 10:39:08

Speed: 9.39 km/h
Running performance: 6:23 min/km

Rank in course/Total: 28 (of 272)

Rank in course/Men: 26 (of 232)

Best time in course: 8:54:18

Rank in category: 3(of 25)

Best time in the category: 10:20:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:31:54	5:32	1	-	13	22:13	27.39	2:31:54	5:32	23		29	22:13
Floh-Seligenthal	27.74	2:43:05	5:52	3	7:25	30	23:48	55.13	5:14:59	5:42	23		29	43:16
Finsterbergen	22.03	2:39:54	7:15	4	19:07	38	33:26	77.16	7:54:53	6:09	23		27	1:10:56
Fröttstädt	22.84	2:44:15	7:11	4	20:00	33	40:35	100.00	10:39:08	6:23	3	18:36	26	1:44:50