



8. Thüringer ULTRA

Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Hennig, Thomas

Club: Kerle von 313
Number: 232

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M40 (40-44 Jahre)

Total time: 11:05:14

Speed: 9.02 km/h
Running performance: 6:39 min/km

Rank in course/Total: 39 (of 272)

Rank in course/Men: 36 (of 232)

Best time in course: 8:54:18

Rank in category: 7(of 36)

Best time in the category: 8:59:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:45:08	6:01	7	17:24	35	35:27	27.39	2:45:08	6:01	26		42	35:27
Floh-Seligenthal	27.74	2:44:11	5:55	7	22:37	32	24:54	55.13	5:29:19	5:58	26		42	57:36
Finsterbergen	22.03	2:44:25	7:27	12	37:57	45	37:57	77.16	8:13:44	6:23	25		38	1:29:47
Fröttstädt	22.84	2:51:30	7:30	9	47:50	40	47:50	100.00	11:05:14	6:39	7	2:05:47	36	2:10:56