



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Franke, Sven

Club: Brockenlaufverein Ilsenburg
Number: 72

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M45 (45-49 Jahre)

Total time: 11:25:16

Speed: 8.76 km/h
Running performance: 6:51 min/km

Rank in course/Total: 46 (of 272)

Rank in course/Men: 43 (of 232)

Best time in course: 8:54:18

Rank in category: 12(of 47)

Best time in the category: 9:33:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:42:27	5:55	11	18:37	31	32:46	27.39	2:42:27	5:55	38		22	32:46
Floh-Seligenthal	27.74	2:40:41	5:47	8	17:50	22	21:24	55.13	5:23:08	5:51	38		50	51:25
Finsterbergen	22.03	2:54:49	7:56	21	40:24	67	48:21	77.16	8:17:57	6:27	35		45	1:34:00
Fröttstädt	22.84	3:07:19	8:12	20	49:50	78	1:03:39	100.00	11:25:16	6:51	12	1:51:55	43	2:30:58