



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Prüfer, Gaston

Club: LG Mauerweg Berlin e.V.  
Number: 206

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M35 (35-39 Jahre)

Total time: 11:38:28

Speed: 8.59 km/h  
Running performance: 6:59 min/km

Rank in course/Total: 53 (of 272)

Rank in course/Men: 49 (of 232)

Best time in course: 8:54:18

Rank in category: 5(of 16)

Best time in the category: 9:40:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:49:12	6:10	6	22:41	44	39:31	27.39	2:49:12	6:10	5	14:18	57	39:31
Floh-Seligenthal	27.74	2:59:29	6:28	5	31:44	60	40:12	55.13	5:48:41	6:19	5	46:02	57	1:16:58
Finsterbergen	22.03	2:54:33	7:55	6	33:36	64	48:05	77.16	8:43:14	6:46	5	1:19:38	52	1:59:17
Fröttstädt	22.84	2:55:14	7:40	6	37:56	48	51:34	100.00	11:38:28	6:59	5	1:57:34	49	2:44:10