



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Dell, Fred

Club: M&H Rennsteigteam
Number: 260

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M50 (50-54 Jahre)

Total time: 11:54:20

Speed: 8.40 km/h
Running performance: 7:08 min/km

Rank in course/Total: 60 (of 272)

Rank in course/Men: 53 (of 232)

Best time in course: 8:54:18

Rank in category: 10(of 67)

Best time in the category: 8:54:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:57:33	6:28	17	47:52	69	47:52	27.39	2:57:33	6:28	41		61	47:52
Floh-Seligenthal	27.74	2:49:36	6:06	6	27:34	40	30:19	55.13	5:47:09	6:17	41		61	1:15:26
Finsterbergen	22.03	2:42:53	7:23	8	30:39	44	36:25	77.16	8:30:02	6:36	41		56	1:46:05
Fröttstädt	22.84	3:24:18	8:56	32	1:13:57	115	1:20:38	100.00	11:54:20	7:08	10	3:00:02	53	3:00:02