



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Wurschi, Frank

Club: KFO - Weimar  
Number: 282

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M50 (50-54 Jahre)

Total time: 11:54:50

Speed: 8.39 km/h  
Running performance: 7:09 min/km

Rank in course/Total: 61 (of 272)

Rank in course/Men: 54 (of 232)

Best time in course: 8:54:18

Rank in category: 11(of 67)

Best time in the category: 8:54:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:01:33	6:37	19	51:52	79	51:52	27.39	3:01:33	6:37	40		62	51:52
Floh-Seligenthal	27.74	3:05:20	6:40	23	43:18	78	46:03	55.13	6:06:53	6:39	40		62	1:35:10
Finsterbergen	22.03	2:50:59	7:45	9	38:45	54	44:31	77.16	8:57:52	6:58	40		57	2:13:55
Fröttstädt	22.84	2:56:58	7:44	13	46:37	53	53:18	100.00	11:54:50	7:08	11	3:00:32	54	3:00:32