



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

**Pawlow, Kamen**

Club: FSV 1950 Gotha  
Number: 54

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M50 (50-54 Jahre)

Total time: 12:17:41

Speed: 8.13 km/h  
Running performance: 7:23 min/km

Rank in course/Total: 83 (of 272)

Rank in course/Men: 74 (of 232)

Best time in course: 8:54:18

Rank in category: 19(of 67)

Best time in the category: 8:54:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:42:19	5:55	6	32:38	30	32:38	27.39	2:42:19	5:55	55		82	32:38
Floh-Seligenthal	27.74	3:04:52	6:39	22	42:50	76	45:35	55.13	5:47:11	6:17	55		82	1:15:28
Finsterbergen	22.03	3:08:56	8:34	28	56:42	101	1:02:28	77.16	8:56:07	6:56	53		77	2:12:10
Fröttstädt	22.84	3:21:34	8:49	30	1:11:13	109	1:17:54	100.00	12:17:41	7:22	19	3:23:23	74	3:23:23