



16. Allersheimer MTB Cup  
Holzminden/ Neuhaus i.S. / 06.07.2014

Detailed evaluation

Metje, Michael

Club: MMM-Bikes.com  
Number: 218

Course: 49.00 km  
Mitteldistanz

Category:  
Senioren I

Total time: 2:29:57

Speed: 19.61 km/h

Rank in course/Total: 60 (of 137)

Rank in course/Men: 59 (of 129)

Best time in course: 1:51:58

Rank in category: 21(of 52)

Best time in the category: 2:04:08

Intermediate times

Stage score

Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |               |             |                |            |               |
|-----------------|-------------|---------------|---------------|-------------|----------------|-------------|---------------|---------------|---------------|---------------|-------------|----------------|------------|---------------|
|                 |             |               |               |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Steinborn (VP1) | 11.10       | 36:36         | 18.03         | 29          | 6:28           | 75          | 10:14         | 11.10         | 36:36         | 18.03         | 2           |                | 59         | 3:56          |
| Donnershagen (\ | 16.00       | 53:04         | 18.09         | 22          | 8:59           | 59          | 14:04         | 27.10         | 1:29:40       | 18.07         | 45          |                | 58         | 24:16         |
| Turm Silberborn | 16.40       | 49:42         | 19.32         | 20          | 9:05           | 58          | 12:26         | 43.50         | 2:19:22       | 18.51         | 45          |                | 58         | 36:42         |
| Finish          | 5.50        | 10:35         | 28.35         | 21          | 1:23           | 53          | 1:24          | 49.00         | 2:29:57       | 19.61         | 21          | 25:49          | 59         | 37:59         |