



16. Allersheimer MTB Cup
Holzminden/ Neuhaus i.S. / 06.07.2014

Detailed evaluation

Flak, Uwe

Club: Holenberg
Number: 172

Course: 49.00 km
Mitteldistanz

Category:
Senioren I

Total time: 2:45:54

Speed: 17.72 km/h

Rank in course/Total: 92 (of 137)

Rank in course/Men: 88 (of 129)

Best time in course: 1:51:58

Rank in category: 35(of 52)

Best time in the category: 2:04:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Steinborn (VP1)	11.10	38:28	17.16	34	8:20	87	12:06	11.10	38:28	17.16	11		90	5:48
Donnershagen (\	16.00	59:47	16.06	38	15:42	92	20:47	27.10	1:38:15	16.49	10	0:12	87	32:51
Turm Silberborn	16.40	56:39	16.95	36	16:02	91	19:23	43.50	2:34:54	16.66	10		87	52:14
Finish	5.50	11:00	27.27	28	1:48	66	1:49	49.00	2:45:54	17.72	35	41:46	88	53:56