



16. Allersheimer MTB Cup  
Holzminden/ Neuhaus i.S. / 06.07.2014

Detailed evaluation

Kruse, Helmut

Club: RSV Bruchausen - Vilsen  
Number: 205

Course: 49.00 km  
Mitteldistanz

Category:  
Masters männlich

Total time: 3:13:15

Speed: 15.21 km/h

Rank in course/Total: 119 (of 137)

Rank in course/Men: 112 (of 129)

Best time in course: 1:51:58

Rank in category: 34(of 38)

Best time in the category: 1:51:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Steinborn (VP1)	11.10	42:58	15.36	34	16:36	118	16:36	11.10	42:58	15.36	16	4:13	116	10:18
Donnershagen (\	16.00	1:11:21	13.45	35	32:21	115	32:21	27.10	1:54:19	14.17	16	17:38	113	48:55
Turm Silberborn	16.40	1:05:29	14.66	34	28:13	111	28:13	43.50	2:59:48	14.35	16	31:40	112	1:17:08
Finish	5.50	13:27	22.30	36	4:16	114	4:16	49.00	3:13:15	15.21	34	1:21:17	112	1:21:17