



16. Allersheimer MTB Cup  
Holzminden/ Neuhaus i.S. / 06.07.2014

Detailed evaluation

Lampe, Jörg

Club: Holzminden  
Number: 266

Course: 49.00 km  
Mitteldistanz

Category:  
Senioren II

Total time: 3:15:47

Speed: 15.02 km/h

Rank in course/Total: 120 (of 137)

Rank in course/Men: 113 (of 129)

Best time in course: 1:51:58

Rank in category: 18(of 23)

Best time in the category: 2:11:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Steinborn (VP1)	11.10	40:17	16.38	16	9:20	106	13:55	11.10	40:17	16.38	6	3:25	117	7:37
Donnershagen (\	16.00	1:05:10	14.73	17	17:44	105	26:10	27.10	1:45:27	15.36	6	11:43	114	40:03
Turm Silberborn	16.40	1:16:24	12.57	20	33:13	119	39:08	43.50	3:01:51	14.19	6	35:18	113	1:19:11
Finish	5.50	13:56	21.53	20	4:17	118	4:45	49.00	3:15:47	15.02	18	1:04:34	113	1:23:49