



16. Allersheimer MTB Cup  
Holzminden/ Neuhaus i.S. / 06.07.2014

Detailed evaluation

Denecke, Frank

Club: Harzhorn Mounties  
Number: 164

Course: 49.00 km  
Mitteldistanz

Category:  
Senioren I

Total time: 3:26:09

Speed: 14.26 km/h

Rank in course/Total: 126 (of 137)

Rank in course/Men: 119 (of 129)

Best time in course: 1:51:58

Rank in category: 49(of 52)

Best time in the category: 2:04:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total		Total		Total		Pos		Behind	
				Cat.	Men	Men	Men	km	Time	km/h	Cat.	Men	Men	Men			
Steinborn (VP1)	11.10	46:06	14.32	52	15:58	121	19:44	11.10	46:06	14.32	26	7:22	123	13:26			
Donnershagen (\	16.00	1:17:40	12.36	49	33:35	120	38:40	27.10	2:03:46	13.09	25	25:43	120	58:22			
Turm Silberborn	16.40	1:09:15	13.86	49	28:38	116	31:59	43.50	3:13:01	13.37	25	36:14	119	1:30:21			
Finish	5.50	13:08	22.84	47	3:56	111	3:57	49.00	3:26:09	14.26	49	1:22:01	119	1:34:11			