



16. Allersheimer MTB Cup
Holzminden/ Neuhaus i.S. / 06.07.2014

Detailed evaluation

Zeiseweis, Ralf

Club: RSV Bruchhausen-Vilsen
Number: 24

Course: 98.00 km
Langdistanz

Category:
Senioren II

Total time: 4:59:35

Speed: 19.63 km/h

Rank in course/Total: 12 (of 26)

Rank in course/Men: 11 (of 24)

Best time in course: 4:02:29

Rank in category: 1(of 5)

Best time in the category: 4:59:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Steinborn (VP1)	11.10	35:07	18.79	1	-	13	5:27	11.10	35:07	18.79	2	-	12	-
Donnershagen (\	16.00	51:59	18.47	1	-	14	10:19	27.10	1:27:06	18.60	2	-	12	-
Turm Silberborn	16.40	47:43	20.12	1	-	15	9:21	43.50	2:14:49	19.14	2	-	12	0:08
Haus des Gastes	5.50	10:56	27.44	1	-	14	1:30	49.00	2:25:45	20.17	2	-	1	-
Steinborn (VP1)	11.10	37:28	17.62	1	-	13	7:40	60.10	3:03:13	19.65	1	-	1	-
Donnershagen (\	16.00	53:28	17.96	1	-	8	10:02	76.10	3:56:41	19.27	1	-	1	-
Turm Silberborn	16.40	50:24	19.05	1	-	10	9:46	92.50	4:47:05	19.23	1	-	1	-
Finish	5.50	12:30	24.00	2	1:01	17	3:02	98.00	4:59:35	19.63	1	-	11	57:06