



16. Allersheimer MTB Cup
Holzminden/ Neuhaus i.S. / 06.07.2014

Detailed evaluation

Rack, Jan

Club: Stiftung Kinderheimat Neuhaus
Number: 478

Course: 25.60 km
Kurzdistanz

Category:
U 19 Junioren (17 und 18 Jahre)

Total time: 1:31:13

Speed: 16.44 km/h

Rank in course/Total: 53 (of 87)

Rank in course/Men: 52 (of 82)

Best time in course: 1:00:36

Rank in category: 4(of 5)

Best time in the category: 1:13:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Steinborn (VP1)	11.10	43:05	15.32	4	7:51	48	14:44	11.10	43:05	15.32	4	7:51	11	
Turm Silberborn	9.00	35:22	15.27	4	7:01	51	12:24	20.10	1:18:27	15.30	4	14:51	11	
Finish	5.50	12:46	23.50	4	2:32	58	3:46	25.60	1:31:13	16.44	4	17:23	52	30:37