



16. Allersheimer MTB Cup  
Holzminden/ Neuhaus i.S. / 06.07.2014

Detailed evaluation

Penning, Jan Erik

Club: RSV Bruchausen - Vilsen  
Number: 227

Course: 49.00 km  
Mitteldistanz

Category:  
Herren

Total time: 2:13:14

Speed: 22.07 km/h

Rank in course/Total: 21 (of 137)

Rank in course/Men: 21 (of 129)

Best time in course: 1:51:58

Rank in category: 3(of 11)

Best time in the category: 2:02:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Steinborn (VP1)	11.10	30:58	21.31	4	2:33	23	4:36	11.10	30:58	21.31	3	2:33	22		
Donnershagen (\	16.00	47:02	20.41	4	3:37	20	8:02	27.10	1:18:00	20.77	3	6:10	21	12:36	
Turm Silberborn	16.40	44:55	21.37	3	4:20	23	7:39	43.50	2:02:55	20.99	3	10:30	21	20:15	
Finish	5.50	10:19	29.08	3	0:43	39	1:08	49.00	2:13:14	22.07	3	11:13	21	21:16	