



3. Herzog-Georg-Lauf  
Meiningen / 12.07.2014

Detailed evaluation

Tschaar, Holger

Club: Sport frei Gerthausen  
Number: 101

Course: 12.00 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 44:35

Speed: 16.15 km/h  
Running performance: 3:43 min/km

Rank in course/Total: 2 (of 110)

Rank in course/Men: 2 (of 79)

Best time in course: 44:18

Rank in category: 1(of 15)

Best time in the category: 44:35