



3. Herzog-Georg-Lauf
Meiningen / 12.07.2014

Detailed evaluation

Abt, Marcel

Club: Walldorf
Number: 88

Course: 12.00 km
Hauptlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 54:33

Speed: 13.20 km/h
Running performance: 4:33 min/km

Rank in course/Total: 26 (of 110)

Rank in course/Men: 24 (of 79)

Best time in course: 44:18

Rank in category: 5(of 15)

Best time in the category: 44:35