



3. Herzog-Georg-Lauf
Meiningen / 12.07.2014

Detailed evaluation

Bärwolf, Silvia

Club: Lauffreud Breitungeu
Number: 106

Course: 12.00 km
Hauptlauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 55:00

Speed: 13.09 km/h
Running performance: 4:35 min/km

Rank in course/Total: 33 (of 110)

Rank in course/Women: 3 (of 31)

Best time in course: 53:44

Rank in category: 1(of 5)

Best time in the category: 55:00