



3. Herzog-Georg-Lauf
Meiningen / 12.07.2014

Detailed evaluation

Herting, Falko

Club: RSV Blau-Weiss Meiningen
Number: 105

Course: 12.00 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 55:55

Speed: 12.88 km/h
Running performance: 4:40 min/km

Rank in course/Total: 37 (of 110)

Rank in course/Men: 34 (of 79)

Best time in course: 44:18

Rank in category: 6(of 8)

Best time in the category: 47:47