



3. Herzog-Georg-Lauf  
Meiningen / 12.07.2014

Detailed evaluation

ernst, beate

Club: Sonntagsläufer Tambach-Dietharz  
Number: 16

Course: 12.00 km  
Hauptlauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 57:58

Speed: 12.42 km/h  
Running performance: 4:50 min/km

Rank in course/Total: 43 (of 110)

Rank in course/Women: 5 (of 31)

Best time in course: 53:44

Rank in category: 2(of 5)

Best time in the category: 55:00