



3. Herzog-Georg-Lauf  
Meiningen / 12.07.2014

Detailed evaluation

Dörr, Alexander

Club: KMG Laufgruppe

Number: 15

Course: 12.00 km

Hauptlauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 58:58

Speed: 12.21 km/h

Running performance: 4:55 min/km

Rank in course/Total: 46 (of 110)

Rank in course/Men: 41 (of 79)

Best time in course: 44:18

Rank in category: 6(of 9)

Best time in the category: 47:09