



3. Herzog-Georg-Lauf
Meiningen / 12.07.2014

Detailed evaluation

Bier, Volker

Club: fit & run Weimar
Number: 7

Course: 12.00 km
Hauptlauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:00:45

Speed: 11.85 km/h
Running performance: 5:04 min/km

Rank in course/Total: 53 (of 110)

Rank in course/Men: 46 (of 79)

Best time in course: 44:18

Rank in category: 2(of 5)

Best time in the category: 54:46