



3. Herzog-Georg-Lauf
Meiningen / 12.07.2014

Detailed evaluation

Volk, Mario

Club: Volk

Number: 67

Course: 12.00 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:03:14

Speed: 11.39 km/h

Running performance: 5:16 min/km

Rank in course/Total: 68 (of 110)

Rank in course/Men: 56 (of 79)

Best time in course: 44:18

Rank in category: 9(of 11)

Best time in the category: 44:47