



3. Herzog-Georg-Lauf
Meiningen / 12.07.2014

Detailed evaluation

Graul, Nora

Club: GMRLV

Number: 21

Course: 12.00 km

Hauptlauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 1:04:15

Speed: 11.21 km/h

Running performance: 5:21 min/km

Rank in course/Total: 71 (of 110)

Rank in course/Women: 13 (of 31)

Best time in course: 53:44

Rank in category: 1(of 2)

Best time in the category: 1:04:15