



3. Herzog-Georg-Lauf  
Meiningen / 12.07.2014

Detailed evaluation

Baum, Heiderose

Club: Einödhausen  
Number: 104

Course: 12.00 km  
Hauptlauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:08:10

Speed: 10.56 km/h  
Running performance: 5:41 min/km

Rank in course/Total: 79 (of 110)

Rank in course/Women: 16 (of 31)

Best time in course: 53:44

Rank in category: 4(of 5)

Best time in the category: 55:00