



3. Herzog-Georg-Lauf
Meiningen / 12.07.2014

Detailed evaluation

Kiehm, Ralf

Club: Wasungen

Number: 38

Course: 12.00 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:08:19

Speed: 10.54 km/h

Running performance: 5:41 min/km

Rank in course/Total: 80 (of 110)

Rank in course/Men: 64 (of 79)

Best time in course: 44:18

Rank in category: 10(of 13)

Best time in the category: 51:35