



3. Herzog-Georg-Lauf
Meiningen / 12.07.2014

Detailed evaluation

John, Alexander

Club: Meiningen

Number: 33

Course: 12.00 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:14:59

Speed: 9.60 km/h

Running performance: 6:15 min/km

Rank in course/Total: 96 (of 110)

Rank in course/Men: 73 (of 79)

Best time in course: 44:18

Rank in category: 11(of 13)

Best time in the category: 51:35