



3. Herzog-Georg-Lauf
Meiningen / 12.07.2014

Detailed evaluation

Rudorf, Sabrina

Club: Flensburg

Number: 57

Course: 12.00 km

Hauptlauf

Category:

Frauen (20-29 Jahre)

Total time: 1:22:30

Speed: 8.73 km/h

Running performance: 6:53 min/km

Rank in course/Total: 107 (of 110)

Rank in course/Women: 31 (of 31)

Best time in course: 53:44

Rank in category: 11(of 11)

Best time in the category: 53:44