



3. Herzog-Georg-Lauf
Meiningen / 12.07.2014

Detailed evaluation

Volst, Sebastian

Club: Suhl

Number: 118

Course: 12.00 km

Hauptlauf

Category:

Männer (20-29 Jahre)

Total time: 1:27:44

Speed: 8.21 km/h

Running performance: 7:19 min/km

Rank in course/Total: 109 (of 110)

Rank in course/Men: 78 (of 79)

Best time in course: 44:18

Rank in category: 10(of 10)

Best time in the category: 44:18