



3. Herzog-Georg-Lauf
Meiningen / 12.07.2014

Detailed evaluation

Posniak, Lena

Club: SV Sömmerda
Number: 198

Course: 4.00 km
Jedermann-Lauf

Category:
weibliche Jugend W14 (14 Jahre und jünger)

Total time: 16:38

Speed: 14.43 km/h
Running performance: 4:10 min/km

Rank in course/Total: 4 (of 68)
Rank in course/Women: 1 (of 28)
Best time in course: 16:38

Rank in category: 1(of 7)
Best time in the category: 16:38