



3. Herzog-Georg-Lauf  
Meiningen / 12.07.2014

Detailed evaluation

Puy, Michael

Club: RRC

Number: 199

Course: 4.00 km

Jedermann-Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 16:47

Speed: 14.30 km/h

Running performance: 4:12 min/km

Rank in course/Total: 5 (of 68)

Rank in course/Men: 4 (of 40)

Best time in course: 15:44

Rank in category: 1(of 1)

Best time in the category: 16:47