



3. Herzog-Georg-Lauf  
Meiningen / 12.07.2014

Detailed evaluation

Barthelmann, Bernd

Club: Sülzfeld  
Number: 223

Course: 4.00 km  
Jedermann-Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 18:17

Speed: 13.13 km/h  
Running performance: 4:34 min/km

Rank in course/Total: 9 (of 68)

Rank in course/Men: 7 (of 40)

Best time in course: 15:44

Rank in category: 1(of 4)

Best time in the category: 18:17