



3. Herzog-Georg-Lauf
Meiningen / 12.07.2014

Detailed evaluation

Brinkmann, Lars

Club: Sportteam Stadtwerke Meiningen
Number: 177

Course: 4.00 km
Jedermann-Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 19:00

Speed: 12.63 km/h
Running performance: 4:45 min/km

Rank in course/Total: 11 (of 68)

Rank in course/Men: 9 (of 40)

Best time in course: 15:44

Rank in category: 2(of 4)

Best time in the category: 18:39