



3. Herzog-Georg-Lauf Meiningen / 12.07.2014

Detailed evaluation

Dressel, Christian

Club: Meininger on Tour
Number: 179

Course: 4.00 km
Jedermann-Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 19:20

Speed: 12.41 km/h
Running performance: 4:50 min/km

Rank in course/Total: 12 (of 68)

Rank in course/Men: 10 (of 40)

Best time in course: 15:44

Rank in category: 3(of 4)

Best time in the category: 18:39