



3. Herzog-Georg-Lauf
Meiningen / 12.07.2014

Detailed evaluation

Köhler, Steffen

Club: Sportteam Stadtwerke Meiningen
Number: 189

Course: 4.00 km
Jedermann-Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 20:02

Speed: 11.98 km/h
Running performance: 5:01 min/km

Rank in course/Total: 14 (of 68)

Rank in course/Men: 12 (of 40)

Best time in course: 15:44

Rank in category: 1(of 3)

Best time in the category: 20:02