



3. Herzog-Georg-Lauf
Meiningen / 12.07.2014

Detailed evaluation

Krug, Benjamin

Club: Grabfeld
Number: 185

Course: 4.00 km
Jedermann-Lauf

Category:
Männer (20-29 Jahre)

Total time: 20:05

Speed: 11.95 km/h
Running performance: 5:01 min/km

Rank in course/Total: 15 (of 68)

Rank in course/Men: 13 (of 40)

Best time in course: 15:44

Rank in category: 4(of 5)

Best time in the category: 16:09