



3. Herzog-Georg-Lauf  
Meiningen / 12.07.2014

Detailed evaluation

Krenzlin, Rainer

Number: 316

Course: 4.00 km  
Jedermann-Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 20:29

Speed: 11.72 km/h

Running performance: 5:07 min/km

Rank in course/Total: 20 (of 68)

Rank in course/Men: 17 (of 40)

Best time in course: 15:44

Rank in category: 1(of 3)

Best time in the category: 20:29