



11. SKS Bilstein Bike Marathon

Großalmerode / 20.07.2014

Detailed evaluation

Alteheld, Benjamin

Club: Fahrrad-Becker Lemgo

Number: 2053

Course: 86.00 km

Marathonstrecke mittel

Category:

Masters 1

Total time: 3:43:09

Speed: 23.12 km/h

Rank in course/Total: 9 (of 55)

Rank in course/Men: 9 (of 49)

Best time in course: 3:12:05

Rank in category: 4(of 12)

Best time in the category: 3:18:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Vielarmiger Weg	20.20	52:50	22.71	4	3:17	9	5:02	20.20	52:50	22.71	6	3:17	39	
Roßbach	4.80	12:53	18.63	6	0:50	12	1:13	25.00	1:05:43	22.83	6	4:02	39	
Bilsteinturm	8.20	29:03	16.52	6	3:16	13	4:54	33.20	1:34:46	20.89	6	7:18	39	
Runde	9.00	12:43	42.46	10	1:58	28	2:00	42.20	1:47:29	23.45	6	9:12	39	
Vielarmiger Weg	20.20	59:34	20.15	4	7:34	8	10:43	62.40	2:47:03	22.27	4	16:46	31	
Roßbach	4.80	13:41	17.54	5	1:18	13	1:55	67.20	3:00:44	22.24	4	18:04	31	
Bilsteinturm	8.20	30:07	15.94	3	4:26	5	4:40	75.40	3:30:51	21.34	4	22:30	30	
Finish	9.00	12:18	43.90	7	2:26	24	2:26	86.00	3:43:09	23.12	4	24:32	9	31:04