



29. stz-Werratal-Triathlon / 9. Jedermann Triathlon

Naherholungszentrum Immelborn / 03.08.2014

Detailed evaluation

Salt Kings 3

Total time: 1:32:09

Number: 454

Speed: 16.28 km/h

Running performance: 3:38 min/km

Course: 25.40 km

Jedermann-Triathlon 0,4-20,0-5,0 km (Staffel) Rank in course: 4 (of 6)

Best time in course: 1:12:13

Category:

Rank in category: 4(of 6)

Jedermann-Staffel

Best time in the category: 1:12:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.40	17:39	44:07	6	9:12	6	9:12	0.40	17:39	44:07	4	5:26	4	5:26
Rad	20.00	53:39	2:40	4	15:28	4	15:28	20.40	1:11:18	3:29	4	20:54	4	20:54
Lauf	5.00	20:51	4:10	1	-	1	-	25.40	1:32:09	3:37	4	19:56	4	19:56