



29. stz-Werratal-Triathlon / 9. Jedermann Triathlon

Naherholungszentrum Immelborn / 03.08.2014

Detailed evaluation

Stirb langsam 1 2 3

Total time: 1:39:03

Number: 452

Speed: 15.14 km/h

Running performance: 3:54 min/km

Course: 25.40 km

Jedermann-Triathlon 0,4-20,0-5,0 km (Staffel) Rank in course: 6 (of 6)

Best time in course: 1:12:13

Category:

Rank in category: 6(of 6)

Jedermann-Staffel

Best time in the category: 1:12:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.40	14:25	36:02	5	5:58	5	5:58	0.40	14:25	36:02	6	2:12	6	2:12
Rad	20.00	56:22	2:49	5	18:11	5	18:11	20.40	1:10:47	3:28	6	20:23	6	20:23
Lauf	5.00	28:16	5:39	6	7:25	6	7:25	25.40	1:39:03	3:53	6	26:50	6	26:50